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 Store this informational leaflet safely so that it can be read when necessary.



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Category-3 OTC Drug

Nutritional supplementation and nutrient/tonic for physical fatigue

チョコラBB[®]ローヤルT

Chocola BB Royal T

Busy day after day in a stressful environment, are you unknowingly subjecting yourself to excessive pressure? If this is you, your body is not smoothly converting nutrients from food into energy, and symptoms of fatigue such as dullness and lethargy can easily appear. In addition to vitamin B₂, which supports fat metabolism, converting it into energy, チョコラ BB ローヤル T contains royal jelly, taurine and other ingredients that function to efficiently generate energy. When you are busy with work or housework and feel fatigued from morning, or when you want to reenergize your tired body, you can take this product at any time that suits you, whether it is before or after meals.



Package	Recommended retail price (tax included)
56 tablet bottle	¥1,420
112 tablet bottle	¥2,551
168 tablet bottle	¥3,478

Related website



Chocola.com (in Japanese)

Indications

- Nutritional supplementation for physical fatigue; during and after illness; for loss of appetite, nutritional disorders or exhaustion due to fever; during pregnancy or lactation, etc.
- For nutrients/as a tonic
- For a weak constitution

Dosage and Administration

Take the following dosage orally with cold or hot water.

Age	Dosage	Number of doses
Adult (15 years or older)	2 tablets	Twice a day
Child (Under 15 years)	Do not take this medicine	

Active Ingredients and Actions

The daily adult dose of 4 tablets contains the following active ingredients.

Ingredient	Amount	Action
Riboflavin Sodium Phosphate (Vitamin B ₂ phosphate ester)	15 mg	• Aids fat metabolism, converting it to energy.
Pyridoxine Hydrochloride (Vitamin B ₆)	15 mg	• Aids protein metabolism, converting it to energy.
Thiamine Nitrate (Vitamin B ₁ nitrate)	10 mg	• Aids carbohydrate metabolism, converting it to energy.
Royal jelly tincture (equivalent to 100 mg of natural royal jelly)	100 mg	• Contains the 3 main nutrient classes (proteins, carbohydrates and fats) along with a well-balanced mixture of various vitamins and minerals.
Taurine	1000 mg	• Involved in the generation of needed energy when fatigued.
Nicotinamide	20 mg	• A coenzyme that acts in the process of generating energy from nutrients.
Anhydrous caffeine	50 mg	• Exhibits excitatory effects on internal organs, making it harder for fatigue to persist.

Inactive Ingredients

Talc, corn starch, partly pregelatinized starch, titanium oxide, red ferric oxide, magnesium stearate, cellulose, hypromellose, povidone, macrogol, dibasic calcium phosphate

Precautions for Ingredients

Taking this medicine may cause urine to turn bright yellow, but this is due to assimilation of the vitamin B₂ contained in the medicine, with part of it being excreted in the urine. It is not a cause for concern.



Precautions

Consultation

- If the following symptoms are observed after taking this medicine, these may be adverse reactions. Immediately discontinue the use of this medicine and show this informational leaflet to a physician, pharmacist or registered salesperson for a consultation.

Parts Affected	Symptom
Skin	Rash
Digestive organs	Stomach discomfort

- The following symptom may be observed after taking the medicine. If this symptom persists or worsens, discontinue the use of this medicine show this informational leaflet to a physician, pharmacist or registered salesperson for a consultation.

Diarrhea

- If symptoms do not improve even after taking the medicine for about 1 month, stop taking the medicine and consult a physician, pharmacist or registered salesperson, bringing this informational leaflet with you.

Precautions for Storage and Handling

1. Store sealed in a dry, cool place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. Also, do not transfer other medications, etc., into this container. (It may lead to misuse or alter the quality.)
4. Moisture may alter the outer appearance of the tablets, so do not handle with wet hands.
5. The packing material inside the container is provided to prevent damage to the tablets during transport. After opening the cap, discard the packing material.
6. A desiccant is included in the container. Do not ingest the desiccant.
7. Do not take tablets that have exceeded their expiration date.
8. From the standpoint of maintaining quality, as a rule of thumb, once the cap has been opened, use the tablets within 6 months, regardless of their expiration date. There is a space marked "Date Opened" on the box's inner flap. Please use that to record the date of opening.

Contact us: For inquiries, please complete the Contact Form. We will endeavor to respond to you as quickly as possible, although there may be some delay depending on the nature of the inquiry and other factors.

Contact Form (English only): https://inquiry.eisai.co.jp/webapp/form/17672_sdab_2/index.do