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本文書は、日本語の製品情報を翻訳した文書です。使用前に必ずお読みください。

また、必要な時に読めるように大切に保管してください。

This product has been manufactured and sold based on Japanese law.

Neither the product nor this informational leaflet will necessarily conform to the laws of countries outside of Japan.

This leaflet contains a translation of product information from Japanese. You should read this written explanation before using the product.

Store this informational leaflet safely so that it can be read when necessary.

# トラベルミン チュロップ コーラ味

Category-2 OTC Drug



**トラベルミン® チュロップコーラ味**

**For prevention and relief of motion sickness**

Brand name：トラベルミン チュロップコーラ味

Travelmin Churopp Cola Flavor is a medicine that prevents and relieves symptoms associated with motion sickness, such as dizziness, nausea, and headache, to help you to comfortably enjoy your trip and going out.

It is a lozenge-type medicine which is easy to take for children. You can easily take it on the spot when you're in a hurry to go out or when you're feeling sick.



# Indications

Prevention and relief of dizziness, nausea, and headache associated with motion sickness

## Recommended Use Cases

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Motion  
sickness



# Dosage and Administration

To prevent motion sickness, take the following dose 30 minutes before getting in a vehicle, either by chewing the medicine or dissolving it in your mouth.

| Age               | Dosage                    | Number of doses                                |
|-------------------|---------------------------|------------------------------------------------|
| 15 years or over  | 2 tablets                 | Up to 2 times in intervals of at least 4 hours |
| 11 to 14 years    | 2 tablets                 | Up to 2 times in intervals of at least 4 hours |
| 5 to 10 years     | 1 tablets                 | Up to 2 times in intervals of at least 4 hours |
| Less than 5 years | Do not take this medicine | -                                              |

When taking additional doses, take the doses at least 4 hours apart. Do not take this medicine more than twice per day.

# Precautions for Dosage and Administration

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When allowing children (5 to 14 years) to take the medicine, a guardian must be present to watch the child and instruct them how to take it. When giving the child the medicine to be taken while out of the house, such as while on a school trip, give them instructions about the dosage, how to take the medicine, etc.

## Note

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- This medicine is taken either by chewing it or by dissolving it in your mouth. If it is difficult to chew, dissolve it before taking it so that you do not damage your teeth. Take care that it does not accidentally become stuck in your throat.
- Take 1 tablet at a time. Do not put 2 tablets in your mouth at once.



# Ingredients

## Ingredients and their actions

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The dose of 2 tablets (11 years or over) contains the following ingredients.

| Ingredients                      | Amount   | Action                                                                                  |
|----------------------------------|----------|-----------------------------------------------------------------------------------------|
| d-Chlorpheniramine maleate       | 1.33 mg  | Acts on the autonomic nerves, preventing and relieving the symptoms of motion sickness. |
| Scopolamine hydrobromide hydrate | 0.166 mg | Reduces sensory confusion while riding in a vehicle.                                    |

## Additives

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Citric acid, l-menthol, flavor, acesulfame potassium, isomalt, caramel ,glycerol esters of fatty acids



# Precautions

## **⚠️ Precautions for Use**

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### **When not to use the product**

If you do not follow these instructions, the current symptoms may worsen or adverse reactions/incidents are more likely to occur.

**1. This drug should not be taken together with the following drugs:**

Other medicines for motion sickness, cold medicines, antipyretics/analgesics, sedatives, expectorants, medicines for indigestion and heartburn relief, medicines taken orally that contain antihistamines, etc. (such as medicines taken orally for rhinitis or medicines for allergies)

**2. Do not operate vehicles or machinery after taking this drug. (Symptoms such as sleepiness, blurred vision, and increased sensitivity to light may occur.)**

### **Consultation**

**1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before taking this medicine.**

1. Patients undergoing medical treatment from a physician
2. Pregnant women or women who believe they may be pregnant
3. The elderly
4. Patients who have experienced allergic symptoms associated with drugs etc.
5. Persons with difficulty urinating
6. Persons diagnosed with glaucoma or heart disease

**2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug and show this box to your physician, pharmacist, or registered salesperson for a consultation.**

| Parts Affected        | Symptom                                            |
|-----------------------|----------------------------------------------------|
| Skin                  | Rash/redness, itching                              |
| Mental/nervous system | Headache                                           |
| Urinary system        | Difficulty urinating                               |
| Other                 | Facial hot flashes, increased sensitivity to light |

On rare occasions, the following serious symptoms may occur. In this case, visit a physician immediately.

| Name of symptom | Symptom                                                                                                                                                                                                         |
|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Aplastic anemia | Symptoms such as bruises, nose bleeds, bleeding gums, fever, pale appearance of skin and mucosa, fatigue, palpitations, shortness of breath, becoming dizzy from feeling sick and blood in the urine may occur. |
| Agranulocytosis | Symptoms such as acute high fever, chills and sore throat may occur.                                                                                                                                            |

3. The following symptoms may be observed after taking this medicine. If these symptoms persist or worsen, discontinue the use of this drug and show this box to your physician, pharmacist, or registered salesperson for a consultation.

Dry mouth, constipation, drowsiness, blurred vision

## Precautions for storage and handling

1. Store in a cool, low humidity place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. (This may lead to misuse or alter the quality of the drug.)
4. Do not use the product after the expiration date.



# Packaging and Price

| Packaging | Recommended retail price                      |
|-----------|-----------------------------------------------|
| 6 tablets | 581 yen, tax included (528 yen, tax excluded) |