

# セルベール整胃錠

Category-2 OTC Drug



## セルベール® 整胃錠

Selbelle tablets



**For stomach heaviness and heartburn: A stomach medicine for weak stomachs that regulates the veil of stomach mucus**

SELBELLE protects and invigorates weakened stomachs with teprenone, an ingredient that increases the amount of stomach mucus, and herbal medicines.

Recommended for people who regularly have a weak stomach and symptoms such as the following:

- Repeated poor stomach conditions, such as stomach heaviness or heartburn
- Feeling symptoms of discomfort after slight overexertion or placing a small burden on the stomach
- The stomach sometimes damaged by analgesics and cold medicines

SELBELLE Stomach Regulation Tablets increases the amount of stomach mucus, which protects the stomach mucous membrane from irritants such as gastric acid, and also increases stomach activity, regulating the condition of a weak stomach.

SELBELLE Stomach Regulation Tablets are in an easily taken tablet form and are effective at 1

tablet per dose.

The Stomach Regulation® functions soothe the stomach by protecting and invigorating it.



# Indications



loss of  
appetite



Stomach  
heaviness



excessive eating  
and/or drinking



heartburn

Stomach heaviness, heartburn, excessive eating, excessive drinking, feeling of fullness in the stomach and abdomen, loss of appetite, nausea (retching, sick feeling, and urge to vomit), vomiting, heaviness in the chest



# Dosage and Administration

Take the following dose with cold or hot water after meals.

Age	Dosage	Number of doses
Adults (15 years or over)	1 tablet	3 times per day
Children (under 15 years)	Do not take this medicine	-



# Ingredients

## Ingredients and their actions

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The daily adult dose of 3 tablets contains the following ingredients.

Ingredients	Amount	Action
Teprenone	112.5 mg	Increases the amount of stomach mucus, protecting the stomach from irritation due to gastric acid or alcohol.
Dried Atractylodes lancea rhizome extract (quantity of the raw herb Atractylodes lancea)	150 mg (1.5 g)	Increases the activity of a weakened stomach.
Dried magnolia bark extract (quantity of the raw herb magnolia)	83.4 mg (1.0 g)	Increases the activity of a weakened stomach.

## Additives

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Vitamin E, partly pregelatinized starch, erythritol, calcium silicate, sodium stearyl fumarate



# Precautions

# ⚠️ Precautions for Use

## Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before taking this drug.
1. Patients undergoing medical treatment from a physician

2. Pregnant women or women who believe they may be pregnant

3. The elderly

4. Patients who have experienced allergic symptoms associated with drugs etc.

5. Persons diagnosed as having the following:

Liver disease
2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.

Parts Affected	Symptom
Skin	Rash, redness, itching
Gastrointestinal system	Feeling of fullness in the abdomen, nausea, abdominal pain
Mental/nervous system	Headache
Other	Subcutaneous hemorrhage

On rare occasions, the following serious symptoms may occur. In this case, visit a physician immediately.

Name of symptom	Symptom
Hepatic dysfunction	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and whites of eyes), brown urine, general malaise, and loss of appetite may occur.

3. The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.

Constipation, diarrhea, dry mouth

4. If symptoms do not improve even after taking this medicine for about 2 weeks, stop taking this medicine and consult a physician, pharmacist, or registered salesperson, being sure to take this instruction leaflet with you.



## Precautions for storage and handling

1. Store in a cool, low humidity place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. (This may lead to misuse or alter the quality of the drug.)
  - Transferring the medicine to a pill case, for example, may affect the quality of the product or container.
4. Since humidity may change the appearance of the tablets, do not touch them with wet hands.
5. Do not use the product after the expiration date.
6. Note the following precautions for packages of 21 tablets and 45 tablets.
  1. Do not put other drugs into this container.
  2. The padding in the container is to prevent the tablets from breaking during transport. Dispose of it after opening the cap of the container. Seal the cap of the container tightly for storage.
  3. To retain the quality of the product, use the tablets within about 6 months once the cap has been opened, regardless of their expiration date. There is a space marked "Date Opened" on the box's inner flap. Please use that to record the date of opening.



# Packaging and Price

Packaging	Recommended retail price
12 tablets	693yen, tax included (630yen, tax excluded)
21 tablets	1,045yen, tax included (950yen, tax excluded)
45 tablets	2,178yen, tax included (1,980yen, tax excluded)