## 新セルベール整胃プレミアム<細

### 粒>

Category-2 OTC Drug





#### **New Selbelle Premium Fine Granules**



## For stomach heaviness and excessive eating: A stomach medicine that improves weakening stomachs

Aging causes decrease in the stomach mucus, which protects the stomach, and consequently facilitates the feeling of stomach heaviness and discomfort.

NEW SELBELLE PREMIUM <Fine Granules> protects a weakened stomach and restores its healthy condition with teprenone, an ingredient protecting the stomach by increasing the amount of stomach mucus, herbal medicines increasing the stomach motility, and digestive enzymes; these ingredients are blended at the same contents as the ethical drug.

NEW SELBELLE PREMIUM <Fine Granules> is a stomach medicine to support the dietary habits in the era of 100-year-life. It restores the normal condition of the stomach and offers pleasant moments of enjoying meals with your family and friends.

Recommended for people who have stomachs that are recently weakening with the following symptoms:

- Feeling after-meal stomach heaviness more frequently than before
- Feeling excessive eating even after a small meal
- Feeling vaguely stomach heaviness recently
- Feeling slowed stomach motility and food remaining in the stomach

Becoming less willing to eat fried food

NEW SELBELLE PREMIUM <Fine Granules> improves the symptoms of a weakening stomach such as stomach heaviness through the following triple actions:

- Protect → Protects the stomach by increasing the amount of stomach mucus, or the veil covering stomach mucous membranes.
- Activate → Increases the activity of the stomach.
- Digest → Enhances the ability to digest by breaking down fat.

NEW SELBELLE PREMIUM <Fine Granules> is in an easily taken fine granule form which dissolves rapidly.

## **Indications**



loss of appetite



Stomach heaviness



excessive eating and/or drinking



heartburn

Stomach heaviness, excessive eating, loss of appetite, feeling of fullness in the stomach and abdomen, heartburn, excessive drinking, nausea (retching, sick feeling, and urge to vomit), vomiting, heaviness in the chest

Dosage and Administration

Take the following dose with cold or hot water after meals.

Age	Dosage	Number of doses
Adults (15 years or over)	1 sachet	3 times per day
Children (under 15 years)	Do not take this medicine	-



# Ingredients

### Ingredients and their actions

The daily adult dose of 3 sachets (2.4 g) contains the following ingredients.

Ingredients	Amount	Action
Teprenone	150 mg	Increases the amount of stomach mucus, protecting the stomach from irritation due to gastric acid or alcohol.
Dried Atractylodes lancea rhizome extract(quantity of the raw herb Atractylodes lancea)	150 mg(1.5 g)	Increases the activity of a weakened stomach.
Dried magnolia bark extract(quantity of the raw herb magnolia)	83.4 mg(1.0 g)	Increases the activity of a weakened stomach.

Lipase AP6	14.7 mg	Helps in the digestion of fat, which is the main cause of stomach heaviness.
------------	---------	--

### **Additives**

Talc, lactose, vanillin, vitamin E, D-mannitol, l-menthol, flavor, erythritol, calcium silicate, cinnamon bark, mentha oil, povidone



### **Precautions**

### **▲** Precautions for Use

#### Consultation

- 1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before taking this drug.
  - 1. Patients undergoing medical treatment from a physician
  - 2. Pregnant women or women who believe they may be pregnant
  - 3. The elderly
  - 4. Patients who have experienced allergic symptoms associated with drugs etc.
  - 5. Persons diagnosed as having the following:

Liver disease

2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug and show this instruction leaflet to your physician,

pharmacist, or registered salesperson for a consultation.

Parts Affected	Symptom
Skin	Rash, redness, itching
Gastrointestinal system	Feeling of fullness in the abdomen, nausea, abdominal pain
Mental/nervous system	Headache
Other	Subcutaneous hemorrhage

On rare occasions, the following serious symptoms may occur. In this case, visit a physician immediately.

Name of symptom	Symptom
Hepatic dysfunction	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and whites of eyes), brown urine, general malaise, and loss of appetite may occur.

3. The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.

Constipation, diarrhea, dry mouth

4. If symptoms do not improve even after taking this medicine for about 2 weeks, stop taking this medicine and consult a physician, pharmacist, or registered salesperson, being sure to take this instruction leaflet with you.

### Precautions for storage and handling

- 1. Store in a cool, low humidity place away from direct sunlight.
- 2. Keep out of reach of children.

- 3. Do not transfer the medicine to a different container. (This may lead to misuse or alter the quality of the drug.)
- 4. This medicine is in a pale brown fine-granule form. As it contains herbal medicines as active ingredients, brownish-red grains are sometimes mixed in amongst the fine granules; however, they do not affect the effectiveness of this medicine.
- 5. Do not use the product after the expiration date.

# Packaging and Price

Packaging	Recommended retail price
12 sachets	1,100yen, tax included (1,000yen, tax excluded)
24 sachets	2,145yen, tax included (1,950yen, tax excluded)