

セルベール (細粒)

Category-2 OTC Drug



セルベール®

Selbelle fine granules



For stomach heaviness and heartburn: A stomach medicine for weak stomachs that regulates the veil of stomach mucus

SELBELLE protects and invigorates weakened stomachs with teprenone, an ingredient that increases the amount of stomach mucus, and herbal medicines.

Recommended for people who regularly have a weak stomach and symptoms such as the following:

- Repeated poor stomach conditions, such as stomach heaviness or heartburn
- Feeling symptoms of discomfort after slight overexertion or placing a small burden on the stomach
- The stomach sometimes damaged by analgesics and cold medicines

SELBELLE increases the amount of stomach mucus, which protects the stomach mucous membrane from irritants such as gastric acid, and also increases stomach activity, regulating the condition of a weak stomach.

SELBELLE is in an easily taken fine-granule form which dissolves rapidly.

The Stomach Regulation® functions soothe the stomach by protecting and invigorating it.



Indications



loss of
appetite



Stomach
heaviness



excessive eating
and/or drinking



heartburn

Stomach heaviness, heartburn, excessive eating, excessive drinking, feeling of fullness in the stomach and abdomen, loss of appetite, nausea (retching, sick feeling, and urge to vomit), vomiting, and heaviness in the chest



Dosage and Administration

Take the following dose with cold or hot water after meals.

Age	Dosage	Number of doses
Adults (15 years or over)	1 sachet	3 times per day
Children (under 15 years)	Do not take this medicine	-



Ingredients

Ingredients and their actions

The daily adult dose of 3 sachets (3 g) contains the following ingredients.

Ingredients	Amount	Action
Teprenone	112.5mg	Increases the amount of stomach mucus, protecting the stomach from irritation due to gastric acid or alcohol.
Dried Atractylodes lancea rhizome extract (quantity of the raw herb Atractylodes lancea)	150mg (1.5g)	Increases the activity of a weakened stomach.
Dried magnolia bark extract (quantity of the raw herb magnolia)	83.4mg (1.0g)	Increases the activity of a weakened stomach.

Additives

Talc, lactose, vanillin, vitamin E, hydroxypropyl cellulose, D-mannitol, l-menthol, flavor, cinnamon bark, silicon dioxide, mentha oil



Precautions

⚠ Precautions for Use

Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before taking this drug.

1. Patients undergoing medical treatment from a physician
2. Pregnant women or women who believe they may be pregnant
3. The elderly
4. Patients who have experienced allergic symptoms associated with drugs etc.
5. Persons diagnosed as having the following:
Liver disease

2. If the following symptoms appear after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.

Parts Affected	Symptom
Skin	Rash, redness, itching
Gastrointestinal system	Feeling of fullness in the abdomen, nausea, abdominal pain
Mental/nervous system	Headache
Other	Subcutaneous hemorrhage

On rare occasions, the following serious symptoms may occur. In this case, visit a physician immediately.

Name of symptom	Symptom
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Hepatic dysfunction	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and whites of eyes), brown urine, general malaise, and loss of appetite may occur.
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3. The following symptoms may appear after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug and show this instruction leaflet to your physician, pharmacist, or registered salesperson for a consultation.

Constipation, diarrhea, dry mouth

4. If symptoms do not improve even after taking this medicine for about 2 weeks, stop taking this medicine and consult a physician, pharmacist, or registered salesperson, being sure to take this instruction leaflet with you.

Precautions for storage and handling

1. Store in a cool, low humidity place away from direct sunlight.
2. Keep out of reach of children.
3. This medicine is in a pale brown fine-granule form. As it contains herbal medicines as active ingredients, brownish-red grains are sometimes mixed in amongst the fine granules; however, they do not affect the effectiveness of this medicine.
4. Do not use the product after the expiration date.



Packaging and Price

Packaging	Recommended retail price
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12 sachets	1,045 yen, tax included (950 yen, tax excluded)
27 sachets	2,178 yen, tax included (1,980 yen, tax excluded)