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本文書は、日本語の製品情報を翻訳した文書です。使用前に必ずお読みください。
また、必要な時に読めるように大切に保管してください。

This product has been manufactured and sold based on Japanese law.
Neither the product nor this informational leaflet will necessarily conform to the laws of countries outside of Japan.
This leaflet contains a translation of product information from Japanese. You should read this written explanation before using the product.
Store this informational leaflet safely so that it can be read when necessary.

パリエットS

Guidance-mandatory drug



Before using this product, receive an explanation from a pharmacist and carefully read the
“Precautions.”

パリエット®S

Proton pump inhibitor



Indications



heartburn



stomachache



Stomach
heaviness

Stomachache, heartburn, stomach heaviness
(This product contains a proton pump inhibitor, which suppresses gastric acid secretion.)



Dosage and Administration

Take the following dose with cold or hot water. Do not take it continuously for more than 2 weeks.

Age	Single dose	Number of doses
Adults (15 years or over)	1 tablet	Once per day
Children (under 15 years)	Do not take this product.	

Precautions for Dosage and Administration

1. Strictly follow the dosage and administration instructions.
2. Swallow the tablet without chewing or crushing because it is designed to dissolve in the small intestine.
3. Take this product at about the same time once daily.

4. Stop taking this product when symptoms have subsided.

How to take the tablet out

As indicated in the figure on the right, use your finger and press hard on the raised area of the sheet containing the tablets to break the aluminum foil on the back and remove the tablet. (Accidentally swallowing the tablets while they are still in the sheet can lead to unexpected injuries such as piercing of the esophageal membrane.)



Ingredients

Ingredient and Its Action

The daily adult dose of one tablet contains the following ingredient.

Ingredient	Content	Action
Rabeprazole sodium	10mg	Suppresses gastric acid secretion by inhibiting the proton pump, which causes gastric acid secretion.

Additives

Magnesium oxide, talc, hydroxypropylcellulose, D-mannitol, ethylcellulose, carnauba wax, carmellose calcium, glycerin fatty acid ester, titanium oxide, red ferric oxide, magnesium stearate, hypromellose phthalate



Precautions

⚠ Precautions for Use

When not to use the product

If you do not follow these instructions, the current symptoms may worsen or adverse reactions are more likely to occur.

1. This product should not be taken by the following persons:

1. Those who have experienced allergic symptoms due to this product or any of the ingredients of the product
2. Those who are taking the following drug: Rilpivirine hydrochloride

2. This product should not be taken together with the following drugs:

Other gastrointestinal drugs

3. Breastfeeding women should either not take this product or stop breastfeeding while taking it.

4. This product should not be taken continuously for more than 2 weeks including the duration of use of other proton pump inhibitors. (Consult a physician because there is a risk that a significant gastrointestinal disease may be overlooked.)

Consultation

1. The following persons should contact a physician or pharmacist for a consultation before taking this product.

1. Patients receiving medical treatment from a physician
2. Pregnant women or women who believe they may be pregnant
3. The elderly
4. Those who have experienced allergic symptoms associated with drugs etc.

5. Those with the following symptoms: Weight loss of unknown origin, continuous stomach or abdominal pain
6. Those diagnosed as having the following: Liver disease, gastroduodenal ulcer

2. If the following symptoms are observed after taking this product, these may be adverse reactions. Immediately discontinue the use of this product, consult your physician or pharmacist and show them this instruction leaflet.

Affected site	Symptoms
Skin	Rash/redness, itching
Gastrointestinal system	Constipation, diarrhea, feeling of fullness in the abdomen, nausea/vomiting, stomatitis, abdominal pain, bitter taste, difficulty swallowing/heartburn/vomiting/oral leukoplakia (suspected candida infection), stomach heaviness, dry mouth, loss of appetite, glossitis
Mental/nervous system	Headache, dizziness, light-headedness, sleepiness, weakness of limbs, hypoesthesia (reduced sensation), grip strength decreased, slurred speech, disorientation (being confused about the place, time, name, etc.), delirium (mild clouding of consciousness with illusions or hallucinations), coma (complete loss of consciousness), temporary mental dullness, consciousness decreased, syncope
Cardiovascular system	Blood pressure increased, palpitation
Other	Anemia, blurred/flickering vision, edema, malaise, fever, alopecia, numbness, twitching muscles of the face or limbs, muscle stiffness with coarse jerky tremor of limbs, arthralgia, myalgia, gynecomastia

On rare occasions, the following serious symptoms may occur. In this case, visit a physician immediately.

Symptom name	Symptom
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Shock (anaphylaxis)	Just after you take this product, symptoms such as itching of the skin, urticaria, hoarse voice, sneezing, itching of the throat, difficulty breathing, palpitation, and clouding of consciousness may occur.
Oculomucocutaneous syndrome(Stevens-Johnson syndrome), toxic epidermal necrolysis	Symptoms such as high fever, ocular hyperemia, eye discharge, lip erosion, throat pain, and extensive rash and redness of the skin may persist or worsen rapidly.
Hepatic dysfunction	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and whites of eyes), brown urine, general malaise, and loss of appetite may occur.
Renal disorder	Symptoms such as fever, rash, urine volume decreased, generalized edema, general malaise, arthralgia (pain in the joints) and diarrhea may occur.
Interstitial pneumonia	You may experience shortness of breath and difficulty breathing when climbing stairs or slightly overexerting yourself, as well as symptoms such as dry cough and fever. These symptoms may occur suddenly or persist.
Rhabdomyolysis	You may experience muscular pain in the limbs, shoulders, lower back, etc., numbness, weakness, and stiffness of the limbs, general malaise or reddish-brown urine.
Blood disorder	You may experience sore throat, fever, general malaise, dizziness, shortness of breath, paleness of the face or back of the eyelids, yellowing of the whites of eyes, yellowing of the skin, darkening of the urine, bleeding tendency (gingival bleeding, epistaxis, etc.), and bruising (the color does not fade when pressed).
Hyponatremia	Symptoms such as convulsion, consciousness decreased, headache, nausea, and vomiting may occur.

Visual impairment	Symptoms include difficulty seeing text and shapes and abnormalities of the visual field.
Confusional state	Symptoms include decreased concentration, giving incorrect answers to questions, and disorganized behavior.

3. If symptoms do not improve even after taking this product for 3 days, stop taking this product and consult a physician or pharmacist, being sure to take this instruction leaflet with you.

Precautions for Storage and Handling

1. Store in a cool, low humidity place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. (This may lead to misuse or alter the quality of the product.)
4. There is a desiccant in the inner package (aluminum pouch). Do not consume it.
5. Do not use the product after the expiration date.
6. To retain the quality of the product, use the tablets within 6 months once the inner package (aluminum pouch) has been opened, regardless of the expiration date. There is a space marked “Date Opened” on the box’s inner flap. Please use that to record the date of opening.



Packaging and Price

Packaging	Recommended retail price
6 tablets	1,628 yen, tax included (1,480 yen, tax excluded)
12 tablets	2,178 yen, tax included (1,980 yen, tax excluded)