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Category-3 OTC drug

Clears away drowsiness

カーフェソフト®錠

Kafe Soft Tablets

カーフェソフト錠 is an anti-drowsiness medicine that contains the equivalent of approximately 3 cups of coffee in 2 tablets. The active ingredient caffeine activates psychological function and removes drowsiness, for example during a meeting or while driving.



Package	Recommended retail price (tax included)
16 tablets	¥506

Indications

Elimination of drowsiness

Dosage and Administration

Take the following doses with cold or hot water.

Age	Dosage	Number of doses
Adult (15 years or older)	1 to 2 tablets	Up to 5 tablets per day
Child (Under 15 years)	Do not take this medicine	

Precautions for Dosage and Administration
1 If you need to continue taking this medicine, leave an interval of at least 4 hours between doses.

2. Take the medicine without delay, and do not chew it. (It tastes bitter if chewed.)

How to Remove the Tablets from the Packaging
Press firmly on a raised part of the sheet containing the tablet to break the aluminum foil on the reverse side, and then take out a tablet and swallow it. (Mistakenly swallowing tablets that are still in their sheet may cause unexpected accidents such as tearing of the esophageal membrane.)

Active Ingredients and Action

One tablet contains the following active ingredients.

Ingredient	Amount	Action
Anhydrous caffeine	93 mg	Excites the sensory area of the cerebral cortex, activating psychological function and removing drowsiness.

Inactive Ingredients
Saccharin sodium, corn starch, lactose, vanillin, potato starch, D-mannitol, flavor, acetylglycerin fatty acid ester, carmellose calcium , potassium bitartrate, dioctyl sodium sulfosuccinate, calcium stearate, cellulose, povidone, macrogol, dibasic calcium phosphate

Precautions

When not to use the product

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions are more likely to occur.)

1. This medicine should not be taken in the following persons.
   (1) Persons with the following symptoms
   Hyperacidity
   (2) Persons diagnosed as having the following
   Heart disease, peptic ulcer

2. This medicine should not be taken together with the following medicines.
   Other anti-sleepiness medicine

3. Do not take the medicine together with beverages containing caffeine such as coffee and tea.

4. Restrict to short-term medication and avoid taking continuously.

Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration.
   (1) Patients undergoing medical treatment from a physician
   (2) Pregnant women or women suspected of being pregnant
   (3) Nursing women

2. If the following symptoms are observed after taking this medicine, these may be adverse reactions, so immediately discontinue the use of this medicine, and show this informational leaflet to a physician, pharmacist, or registered salesperson for a consultation.

Parts affected	Symptom
Digestive organs	Loss of appetite, nausea and vomiting
Neuropsychiatric system	Shivering, dizziness, anxiety, insomnia, headache
Cardiovascular system	Palpitations

Precautions for Storage and Handling

1. Store in a cool, dry place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. Also, do not transfer other medications, etc., into this container. (It may lead to misuse or alter the quality.)
4. Do not take tablets that have exceeded their expiration date.

Contact us: For inquiries, please complete the Contact Form. We will endeavor to respond to you as quickly as possible, although there may be some delay depending on the nature of the inquiry and other factors.

Contact Form (English only): https://inquiry.eisai.co.jp/webapp/form/17672_sdab_2/index.do