

チョコラBBナイトウェル

Designated quasi-drug



チョコラBB[®]ナイトウェル

When taking this product before bed, active ingredients will spread throughout your body and relieve fatigue accumulated during the day while you sleep.

- This product improves the quality of your sleep (sleeping lightly and trouble waking up well) due to poor nutrition.
- It contains a good balance of 8 active ingredients including vitamin B2, amino acids (glycine and taurine), and herbal extracts (Seiyu Sanzashi [hawthorn] and Chinpi [citrus peel]), which you need when physically fatigued.
- It is caffeine-free, so you can take it before bed. It has a grapefruit flavor that is easy to drink, with a low-calorie count of 5.1 kcal per bottle.



Indications

- Maintaining and improving physical strength, physical resistance, or mental concentration
- Recovering from and preventing fatigue
- Improving and preventing poor physical condition due to fragile health (including physical weakness due to ageing)
- Improving and preventing poor physical conditions due to poor nutrition in daily life: Becoming tired easily, residual tiredness, lack of physical strength, heaviness in the body, and physical malaise; problems falling asleep, sleeping lightly, and trouble waking up well; poor skin condition (skin roughness or dryness); decreased appetite or physical malaise due to a hangover; and eyestrain.
- Nutritional supplementation when physical strength is impaired during or after illness, during exhaustion due to fever, for loss of appetite, during pregnancy or lactation (or before and after labor), etc.



Dosage and Administration

For adults (15 years and over), take 1 bottle (50 mL) once a day.

Follow the dosage and administration method. (If using this product at the same time as other products with ingredients such as vitamins, be careful not to take excessive amounts.)



Ingredients

Ingredients per Bottle (50 mL)

Ingredients	Amount
VitaminB ₂ phosphate ester	15 mg
VitaminB ₆	10 mg
VitaminB ₁ nitrate	10 mg
Nicotinamide	20 mg
Taurine	500 mg
Glycine	50 mg
Seiyou Sanzashi (hawthorn) extract	12.5 mg(50 mg as hawthorn)
Chinpi (citrus peel) extract	20 mg(100 mg as citrus peel)

Additives

Sodium benzoate, citric acid, sodium citrate, paraben, propylene glycol, flavor, acesulfame potassium, erythritol, sucralose, stevia extract, honey, propyl gallate, and DL-malic acid (alcohol 0.1 mL or less).

1. Herbal extracts in this product may produce a turbidity, but this does not affect the efficacy.
2. Taking this product may cause urine to turn yellow. This is due to the absorption of vitamin B2 contained in the product, with part of it being excreted in the urine. It is not a cause for concern.



Precautions

Precautions for Use

Consultation

1. If the following symptoms are observed after taking this product, these may be adverse reactions, so immediately discontinue the use of this product and consult a physician, pharmacist, or registered salesperson, being sure to take this product with you.

Parts Affected	Symptom
Skin	Rash
Gastrointestinal system	Stomach discomfort

2. The following symptom may be observed after taking this product. If this symptom persists or worsens, discontinue the use of this product and consult a physician, pharmacist, or registered salesperson, being sure to take this product with you.

Diarrhea.

3. When symptoms do not improve even after using the product for a while, discontinue the use of this product and consult a physician, pharmacist, or registered salesperson, being sure to take this product with you.

Precautions for Storage and Handling

1. Store in a cool place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer to a different container. (It may lead to misuse or alter the quality of the product.)
4. Do not use the product after the expiration date.



Packaging and Price

Packaging	Recommended retail price
50mL	242yen, tax included (220yen, tax excluded)
50mL×3	726yen, tax included (660yen, tax excluded)
50mL×10	2,420yen, tax included (2,200yen, tax excluded)
50mL×50	12,100yen, tax included (11,000yen, tax excluded)
50mL×54	13,068yen, tax included (11,880yen, tax excluded)